

**For Immediate Release**

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**Press Release**

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**ART, MUSIC AND CUISINE COMBINE FOR AN ENLIGHTENED EVENING  
PORTRAYING MYSTICAL ICONS OF MEN & SPIRIT**

**OPENING RECEPTION - SEPTEMBER 17<sup>TH</sup> - 6:30 – 9:00 pm**  
**ARTBEAT ON MAIN STREET, VISTA CALIFORNIA**

The Encaustic Art exhibit, *Masters of Men & Spirit* opens Saturday evening September 17<sup>th</sup> from 6:30 to 9:00 pm at ArtBeat on Main Street in downtown Vista. The opening reception will showcase Shima Shanti's inspired artworks. *Masters of Men & Spirit* will portray Spiritual Masters, Hindu Deities, and Native American Chiefs; Buddha, Christ, Gnesha and Lakshmi; Chief Joseph, Mother Mary, Kwan Yin, Archangels and Saints. The show will run September 17<sup>th</sup> through October 9th.

Combined with distinctively prepared cuisine by former Milles Fleur sous chef, Jim Kelly, and synchronized to spiritual sound and music, *Masters of Men & Spirit*, solo exhibition promises to be an evening immersed in inspiration. The event will transform the gallery's main showroom into a sensory mecca of contemplation and hopeful optimism.

The artist is inspired by Spirit and nature. Her conventional upbringing in contrast with a spiritual and existential understanding is revealed in captivating depth in both her artwork and her Peace Waters books and healing stones.

“Encaustic” means to “burn in.” It is an ancient art form created from translucent layers of pure organic beeswax mixed with pigment and fused with heat. Each of Shima's paintings is created with natural materials—some reclaimed and repurposed, others obtained from nature—then mounted on vintage hardwood. Her encaustic expression illuminates the natural and spiritual world and opens a doorway to Light. Contemplating art and the spontaneous expression it evokes deepens self-awareness and reveals one's perception of Reality. This is the gift of art. To learn more about Shima Shanti visit [www.PeaceWaters.com](http://www.PeaceWaters.com)

Art Beat on Main Street is a co-operative art gallery, wine lounge, boutique, and creative space located in historic downtown Vista, California. A community-based gallery, ArtBeat encourages and promotes public interest and understanding of art in its various forms.” Helping to serve the region as an economic stimulus ArtBeat regularly showcase talented artists, performers, and musicians creating a lively hub for residents of the community. For more information, please visit [www.artbeatonmainstreet.com](http://www.artbeatonmainstreet.com).      END